Stars and Nebulae

Most of the things you can see in the night sky are stars: a few thousand are visible to the unaided eye. A star is a hot ball of mostly hydrogen gas; the Sun is an example of a typical, ordinary star. Gravity keeps the gas from evaporating into space, and pressure due to the star's high temperature and density keeps the ball from shrinking. In the core of the star, the temperature and densities are high enough to sustain nuclear fusion reactions, and the energy produced by these reactions works its way to the surface and radiates into space as heat and light. When the fuel for the fusion reactions is depleted, the structure of the star



changes. The process of building up heavier elements from lighter ones by nuclear reactions, and adjusting the internal structure to balance gravity and pressure, is called stellar evolution.

Looking at a star through a telescope can tell us many of its important properties. The color of a star tells us its temperature, and the temperature depends on some combination of the star's mass and evolutionary phase. Usually, observations also allow us to find the luminosity of the star, or the rate at which it radiates energy as heat and light.

All stars visible to the unaided eye are in our galaxy, the Milky Way. The Milky Way is system of roughly 100 billion stars, along with a great deal of interstellar material. The galaxy is shaped like a flattened disk embedded in a round, faint halo. Gravity keeps the stars from drifting away, and the motions of the stars keep the system from falling in on itself. The Milky Way has no distinct edge - the distribution of stars tapers off gradually with increasing distance from the center. The SDSS detects stars more than a million times fainter than can be seen with the unaided eye, far enough to see the outer structure of the Milky Way.

Star Colors and Luminosities: The H-R Diagram

Astronomers often make plots of the luminosities of stars compared to their colors. The first such plots were made in the early twentieth century, when astronomers took spectra of thousands of stars, then placed the spectra into a sequence of *spectral classes* based on the appearance of several different features. The classes of stars were given different letters as names; in order of decreasing temperature, they are *OBAFGKMLT*.

The table to the right shows the spectral classes and the temperatures of stars that belong to each class. The hottest stars are class O, while the coolest are class T. Two astronomers, Ejnar Hertzsprung and Henry Norris Russell, independently started to wonder what would happen if they compared stars' luminosities to their spectral classifications (or, alternatively, to their

Туре	Temp (°K)
0	>25,000
В	11,000-25,000
А	7,500-11,000
F	6,000-7,500
G	5,000-6,000
K	3,500-5,000
М	2,200-3,500
L	1,600-2,200
Т	<1,600

temperatures). They knew that some stars were hotter and more luminous than the sun, and that others were cooler and less luminous. Hertzsprung and Russell found that 90% of the stars fell into a narrow band they termed the "main sequence." Today, we call this type of plot a *Hertzsprung-Russell* (or *H-R*) diagram. The graph below is a sample H-R diagram for two star clusters, with temperature/spectral class on the x-axis and luminosity on the y-axis. The main sequence is the thick band running from the middle left of the diagram to the bottom right.



A sample H-R diagram with temperature on the x-axis and luminosity on the y-axis*

Astronomers further divide each letter into ten categories from 0 to 9, with 0 being the hottest star in that spectral class and 9 being the coolest. So, a B1 star is hotter than a B2 star, and a B9 star is hotter than an A0 star. Our own sun is at the "hot" end of the G range with a surface temperature of 5,770° K; therefore, it's called a G2 star.

Spectral classes give us a convenient way to refer to most types of stars - from O0, the hottest at over 25,000° K, down to T9, the coolest failed stars at 1,000° K. Each spectral type of star is associated with a specific color: G-type stars like the sun are yellow, M-type stars appear red, and B-type stars are bluish. Thus, this system of letters and numbers tells us where a star is on the horizontal (color or temperature) axis of the H-R diagram.

Two alternative systems tell us approximately where on the vertical (luminosity) axis a star can be found. One system uses absolute magnitude, a measure of luminosity derived from the apparent magnitude, or brightness of the star seen from Earth. A star's absolute magnitude is how bright it would appear when seen from a distance of 10 parsecs (33 light-years). The other system uses roman numerals, with the lowest numeral (I) for the most luminous stars (supergiants) and the highest numeral (V) for the less luminous (main sequence).

Stellar Evolution

Stars are not static objects. As a star consumes fuel in its nuclear reactions, its structure and composition changes, affecting its color and luminosity. Thus, the H-R diagram not only shows us the colors and luminosities of many stars, it shows these stars at different stages in their evolutionary histories.

All stars on the main sequence have interiors hot enough fuse four hydrogen atoms into one helium atom, and this one helium atom is 0.7% lighter than 4 hydrogen atoms were. The lost mass is converted into energy, and this energy is released, providing the star's luminosity. Over billions of years, however, the residual helium in the star's core accumulates. When enough helium has accumulated, the helium can also undergo nuclear reaction. In this reaction, three helium atoms are converted into one carbon atom. The helium-burning nuclear reaction can occur only when the star's outer surface to expand to a much larger size than it was while it remained on the main sequence. Even though the core of the star is much hotter, the surface is now cooler, making the star redder. Thus, over time, a star becomes a red giant, moving from the main sequence area in the center of the H-R diagram to the red giant area in the upper right. The diagram below shows how a Sun-like star evolves on the H-R diagram.



An H-R diagram showing the evolutionary track of a sun-like star*

The evolution from main sequence to red giant occurs at different times for different stars. Stars that are much heavier and hotter, like O-stars, become red giants in only 10 million years. Cooler, lighter stars like our sun take 10 billion years to become red giants. This fact actually provides a way of testing how old a group of stars is - jut make an H-R diagram for the stars, and see which classes of stars have evolved off the main sequence!

Eventually, all the helium in the core of the star is used up. At this point, what happens next depends on the mass of the star. The heaviest stars, over six to eight times as massive as our sun, have enough pressure in their cores to start fusing carbon. Once carbon is gone, they explode as supernovae, leaving behind neutron stars or a black holes. Less massive stars simply burn out, shedding their outer layers into beautiful planetary nebulae, and leaving the core as a hot white dwarf. White dwarfs lie in the lower left corner of the H-R diagram, a cosmic burial ground for dead stars.

Nebulae

Originally, the word "nebula" referred to almost any extended astronomical object (other than planets and comets). The word "nebula" comes from the Greek word for "cloud." Before astronomers knew that galaxies were distant collections of stars, galaxies were also called nebulae because of their fuzzy appearance. Today, we reserve the word nebula for extended objects consisting mostly of gas and dust.

Nebulae come in many shapes and sizes, and form in many ways. In some nebulae, stars form out of large clouds of gas and dust; once some stars have formed inside the cloud, their light illuminates the cloud, making it visible to us. These *star formation regions* are sites of *emission* and *reflection* nebulae, like the famous Orion Nebula shown in the picture on the right.



Emission nebulae are clouds of high temperature gas. The atoms in the cloud are energized by ultraviolet light from a nearby star and emit radiation as they fall back into lower energy states (neon lights glow in much the same way). Emission nebulae are usually red, because hydrogen, the most common gas in the universe, most commonly emits red light. Reflection nebulae are clouds of dust that simply reflect the light of a nearby star or stars. Reflection nebulae are usually blue, because blue light scatters more easily. Emission and reflection nebulae are often seen together and are sometimes both referred to as diffuse nebulae. In some nebulae, the star formation regions are so dense and thick that light cannot get through. Not surprisingly, these are called dark nebulae.

Another type of nebula, called a planetary nebula, results from the death of a star. When a star has burned through so much material that it can no longer sustain its own fusion reactions, the star's gravity causes it to collapse. As the star collapses, its interior heats up. The heating of the interior produces a stellar wind that lasts for a few thousand years and blows away the outer layers of the star. When the outer layers have blown away, the remaining core remnant heats the gases, which are now far from the star, and causes them to glow. The resulting "planetary nebulae" (so named because they look like gas giant planets through a telescope) are shells of glowing gas that surround a small core. Astronomers estimate that our galaxy contains about 10,000 planetary nebulae. Planetary

nebulae are a common part of the normal stellar life cycle, but they are short-lived, lasting only about 25,000 years.



The life of a star whose mass is greater than 1.4 times the mass of the Sun ends more violently, and leaves behind a different type of nebula called a supernova remnant. When such a star runs out of fuel and collapses, an enormous shock wave sweeps through the star at high speed, blasting away various layers and leaving behind a core called a neutron star and an expanding shell of matter known as a supernova remnant. A

supernova's shock wave is much more violent than the stellar wind that marks the end of a low mass star. Near the core of the remnant, electrons emit radiation called "synchrotron radiation" as they spiral toward the neutron star at speeds close to the speed of light. The ultraviolet portion of this radiation can strip electrons off, or "ionize" the outer filaments of the nebula, causing them to glow. In addition, the ejected matter sweeps up surrounding gas and dust as it expands, producing a shock wave that excites and ionizes the gas in the supernova remnant nebula, which is at low density but extremely hot (up to 1,000,000° K!). The most famous supernova remnant is the Crab Nebula in Taurus (M1), shown in the image above. The light of the inner core is from synchrotron radiation, while the outer regions glow in many colors from emission of many gases, including red for hydrogen.

Brown Dwarfs

Some stars fizzle out before their evolutionary life cycle begins; these failed stars are called brown dwarfs. Brown dwarfs are balls of gas not heavy enough for fusion reactions to ignite in their cores, so their energy output comes only from gravity. Although their existence has been predicted by theory for a long time, they are so cool, dark, and hard to see that the first one was discovered only five years ago. The brown dwarfs with the lowest masses are actually very similar to Jupiter, showing absorption due to methane in their spectra. The last two letters in the temperature classification system for stars, L and T, have



Spectra of two brown dwarfs (class T stars) discovered by SDSS, compared to the first one discovered, Gliese 229B. Absorption due to methane (CH₄) is evident.

been added recently to include brown dwarfs. The SDSS, in combination with nearinfrared follow-up studies, has been found many brown dwarfs because it covers a large area of sky, it can see quite dim objects, and it has a filter in the red part of the spectrum (z'). Brown dwarfs are interesting for two reasons: first, they can tell us the lowest mass that an object must have to form a star, which can tell us about the conditions of star formation. Second, brown dwarfs may compose some of the missing mass, or "dark matter" in our galaxy.

*Images from Wikimedia Commons: <u>H-R diagram of two star clusters</u> <u>Evolutionary track of a Sun-like Star</u>

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